

Tobacco Cessation Counseling Services for Pregnant Women

4. d 1) Face-to-Face Tobacco Cessation Counseling Services provided (by):

___(i) By or under supervision of a physician; and

X (ii) By any other health care professional who is legally authorized to furnish such services under State law and who is authorized to provide Medicaid coverable services *other* than tobacco cessation services; or*

___(iii) Any other health care professional legally authorized to provide tobacco cessation services under State law *and* who is specifically *designated* by the Secretary in regulations. (None are designated at this time; this item is reserved for future use.)

*describe if there are any limits on who can provide these counseling services

2) Face-to-Face Tobacco Cessation Counseling Services Benefit Package for Pregnant Women

Provided: ___ No limitations X With limitations*

*Any benefit package that consists of *less* than four (4) counseling sessions per quit attempt should be explained below.

Please describe any limitations:

The State's current Tobacco Cessation Counseling Benefit Package for Medicaid pregnant women consists of one face-to-face counseling session conducted by the care coordinator during the initial encounter. Care coordinators must:

1. Ask if the recipient is a smoker, review smoking cessation with women who smoke and encourage smoking cessation (cut down and quit).
2. Discuss the effects of smoking on the infant to include: increased risk of prematurity, low birth weight, infant mortality, and a sicker infant.
3. Use the most effective evidence-based method suitable to their area to assist moms to stop smoking.
4. Encourage the use of the Alabama Department of Public Health Quitline for telephonic counseling.
5. Encourage recipient to discuss tobacco cessation with her doctor and the possibility of obtaining a prescription to help her stop smoking.

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